

Boloh

Believe in
children
 Barnardo's

Call the helpline for advice if you're unsure what to do when your child may have a chest infection.

There will be lots of chest infections in young children this winter. **Be prepared.** Most children can be safely looked after at home, but sometimes they will need NHS support.

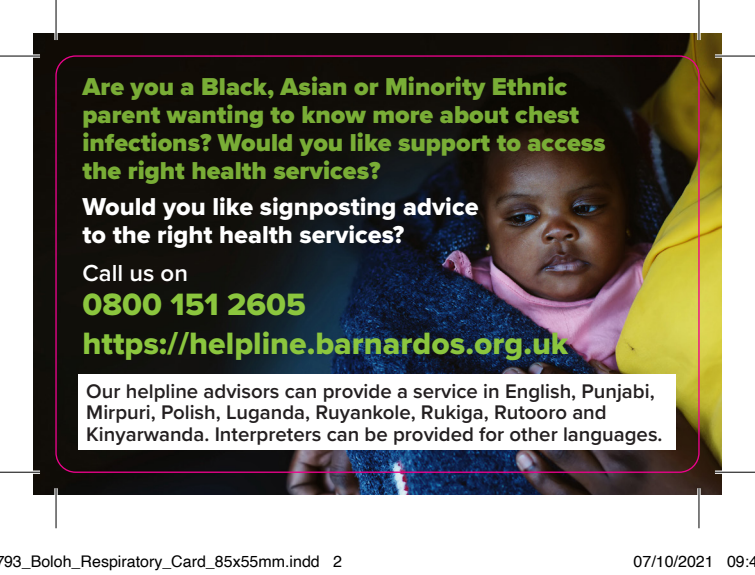
Find out more at:

<https://what0-18.nhs.uk>

Most cases resolve by themselves and can be safely managed at home

Call NHS111 or your GP if you have symptoms you are worried about

Go to A&E or call 999 in an emergency



Are you a Black, Asian or Minority Ethnic parent wanting to know more about chest infections? Would you like support to access the right health services?

Would you like signposting advice to the right health services?

Call us on

0800 151 2605

<https://helpline.barnardos.org.uk>

Our helpline advisors can provide a service in English, Punjabi, Mirpuri, Polish, Luganda, Ruyankole, Rukiga, Rutooro and Kinyarwanda. Interpreters can be provided for other languages.